



# 8<sup>th</sup> Annual FALL FROLIC 5K & Fun Run

Sunday, October 1<sup>st</sup>, 2017

Hosted by: Beverly Elementary School PTOs

**Thank you to our co-title sponsors Beverly Bank and Goldberg Properties!**

**Join us to race, run, jog, or walk! Walking and strollers encouraged; no dogs please. Rain or shine!**

**Time:** Fun Run - 9:00 a.m.; 5K - 9:30 a.m.  
**Location:** Lynch Park, 55 Ober Street, Beverly, MA (free parking available, post race snacks)  
**Course:** 5K paved route through Beverly neighborhood (Beverly Homecoming route)  
**Entry Fee:**

Category	As of Sept. 18 <sup>th</sup> **	After Sept. 18 <sup>th</sup>
Fun Run: children up to Gr. 5 (no shirt)	\$2	\$2
Fun Run: w/cotton tshirt – children up to Gr. 5 (sizes Y S/M/L)	\$8	\$8
5K: K-5 Elementary school children	\$15	\$20
5K: Middle school and older	\$25	\$30
Family Cap: Max 4 applications, paper registration only ( <b>not</b> available online), all registrations must be received at same time	\$65	\$85

\*\* If mailed, must be postmarked by Sept 18<sup>th</sup> or if dropped off, in the Ayers Elementary School office by Sept 18<sup>th</sup>.

**Registration:** Online registration link and applications can be found at [www.fallfrolic5k.com](http://www.fallfrolic5k.com)  
**Tech Shirts:** Awarded to first 300 5K registrants only; sizes not guaranteed  
**Tech Shirt Sizes:** Youth Medium and Large, Adult XS, Small, Medium, Large and XL  
**Awards:** Award to top male & female finishers; Medals to top 3 in each age group  
**Age Groups:** 8 & under, 9-11, 12-14, 15-19, 20-29; 30-39, 40-49; 50-59; 60-69; 70+

**Packet pick-up: Saturday, September 30th, 9:30am – 6:00pm at The New England Running Company**

Please make checks payable to “**Ayers PTO – Fall Frolic 5K**” and mail to:  
 Ayers Ryal Side Elementary School, 40 Woodland Avenue, Beverly, MA 01915; ATTN: Laura Knight

## 5K Registration (if more than one member from a family, please provide all names, ages, sex, and sizes)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M \_\_\_ F \_\_\_ Adult \_\_\_ K-5 \_\_\_ Size \_\_\_\_\_

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Name: \_\_\_\_\_ Age: \_\_\_\_\_ M \_\_\_ F \_\_\_ Adult \_\_\_ K-5 \_\_\_ Size \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ School: \_\_\_\_\_

Email: \_\_\_\_\_

## Fun Run Registration (if more than one member from a family, please provide all names, ages, sex)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ \$2/Fun Run \_\_\_ \$8/Fun Run/shirt \_\_\_ Size \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ \$2/Fun Run \_\_\_ \$8/Fun Run/shirt \_\_\_ Size \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ School: \_\_\_\_\_

Email: \_\_\_\_\_

**Waiver Must Be Read and Signed Before Mailing:** I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Fall Frolic 5K & Fun Run, Beverly Public Schools and all sponsors, organizers, and volunteers of this event; the City of Beverly; their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

Signature – Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

*Notice of Non-Discrimination: All educational and non-academic programs, activities and employment opportunities at Beverly Public Schools are offered without regard to race, color, sex, religion, ancestry, national origin, sexual orientation, gender identity, homelessness, age and/or disability, and any other class or characteristic protected by law.*